

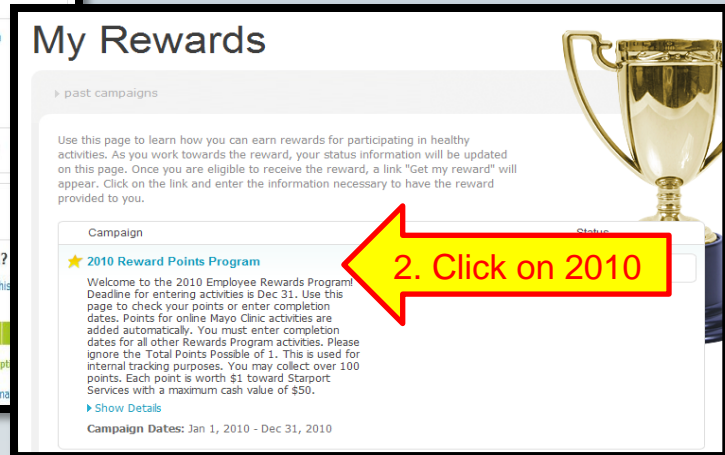
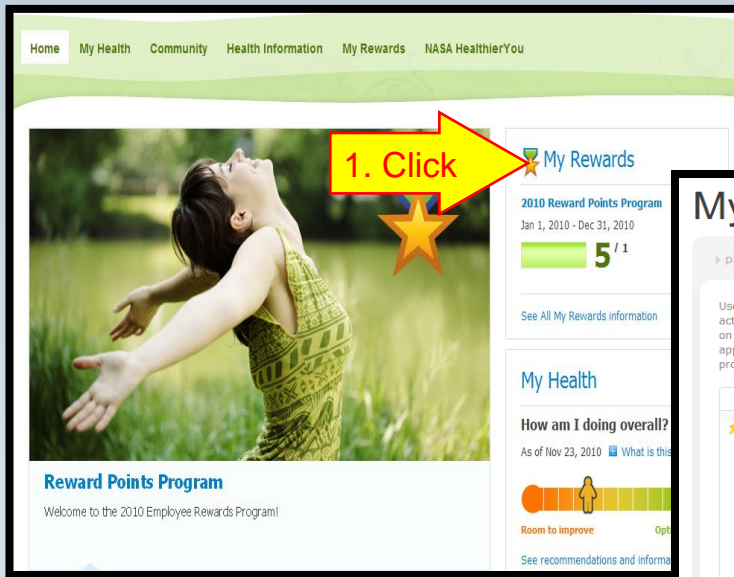
Deadline to Enter Activities

www.explorationwellness.com

Enter your activities at the Mayo Clinic website until Dec 31, then redeem!

- You may enter completion dates throughout the calendar year.
- Deadline to enter your activities is Dec 31st.

NOTE: You will not get credit for activities that have not been entered on line by Dec 31st.



AandE Wellness 101	<input type="text"/>	Did it	1	0
AandE Wellness 102	<input type="text"/>	Did it	1	0
AandE Wellness 103	<input type="text"/>	Did it	1	0
Clinic Event (immunizations, cholesterol or glucose screen, other medical checkups)	01/14/2010	Did it	1	0
Consultation Behavior Change	<input type="text"/>	Did it	5	0
Consultation Fitness	Jan 4, 2010	Did it	5	5
Consultation Nutrition	<input type="text"/>	Did it	5	0

3. Enter Date

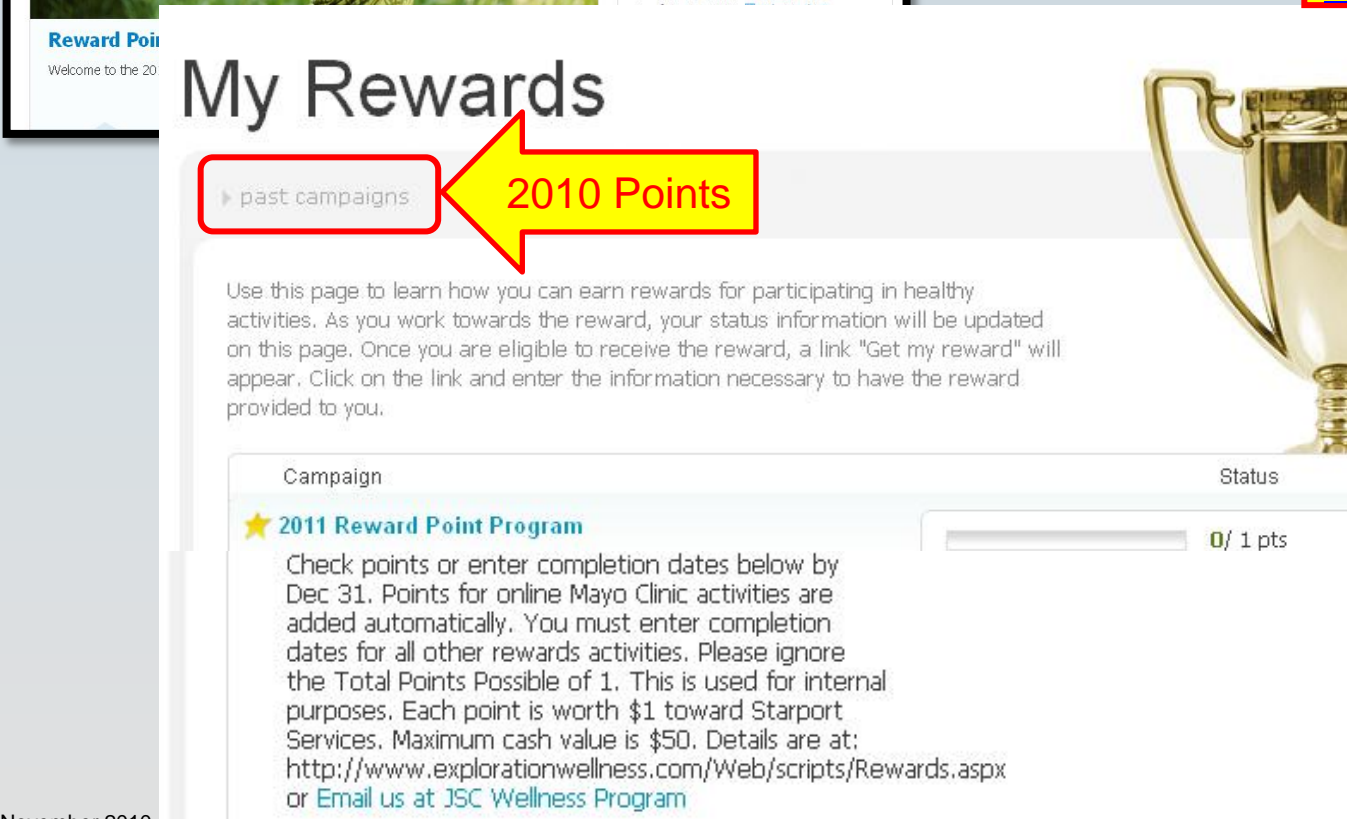
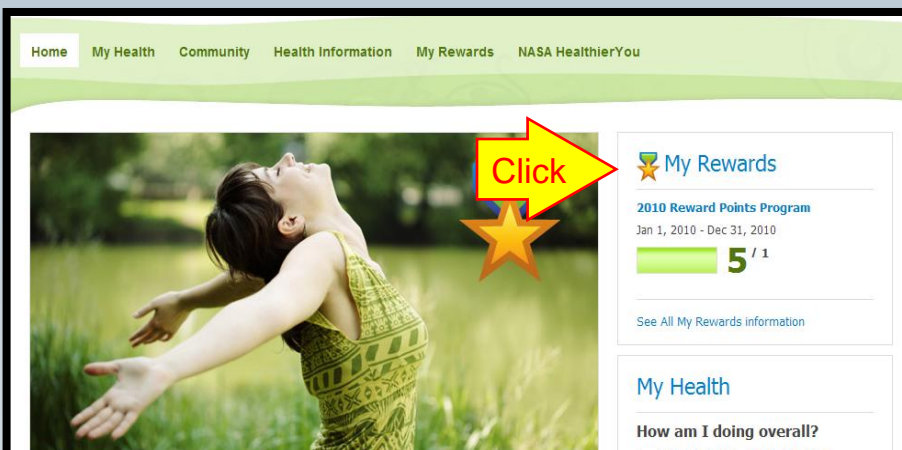
4. Click Did it

Next



Redeem a Maximum of 50 Points for \$50!

- Retrieve your Reward Point Total
- Click on the My Rewards text or Icon at the Mayo website
- To print 2010 points, click on *Past Campaigns*





EXPLORATION
WELLNESS

Redeem Your Points!

MAYO CLINIC **EmbodyHealth**
ENHANCE YOUR LIFE

Back

www.explorationwellness.com

Print out the rewards point list and submit to Starport Fitness Center front desk

- Print out your Reward Point List from your browser
 - Jan-Mar: Pick up your gift card
 - May 31st: Deadline to use your gift card

Windows Internet Explorer
 https://www14.mayoclinicembodyhealth.com/go/pageid/10061/campaignID/1027
 View Favorites Tools Help
 Reward Program

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My Rewards

past campaigns

Back to current campaigns

★ **2010 Reward Points Program**

Welcome to the 2010 Employee Rewards Program! Deadline for entering activities is Dec 31. Use this page to check your points or enter completion dates. Points for online Mayo Clinic activities are added automatically. You must enter this Program activities. Please ignore the Total Points Possible of 1. This is used for collect over 100 points. Each point is worth \$1 toward Starport Services with a

Your cumulative annual reward points updated

6 / 1 pts

Ignore this 1 pt, used by Mayo for internal tracking purposes

Tracked EmbodyHealth Activities	Date Completed	Point Value	Points Earned
Health Monitor Enrollment		2	0
Health Risk Assessment Completion	Nov 23, 2010	5	5
Healthy Pregnancy Engagement		2	0
My Fitness Solution Engagement		1	0