



Frequently Asked Questions (FAQs)

I. JSC Wellness Program

II. Two Integrated Websites

How to find the websites

III. Exploration Wellness Website

Employee Rewards Program Overview

Annual Calendar

IV. Mayo Clinic Website

Link to the Mayo Clinic Website

Mayo Clinic Website – Why Register?

How to Register - New Visitors

Confirmation Email

Where do I find my Org Code?

Logging In – Returning Visitors

Password Reset

Health Assessment

Proof of completion for Fitness Center membership

Fitness Center Incentive

Employee Rewards Program Tracking

Redeem My Rewards Points

Privacy, and Confidentiality